

Bboyizm Dance Company

Study Guide

Discussions - Background information - Classroom Activities

www.bboyizm.ca



About the show & class

The purpose of the visit is to educate the youth on street dance and Hip Hop culture in a fun and stimulating environment.

Content

Class

Students and teachers will learn basic movements of Bboying (also known as Break Dancing) which will be put in a short routine. As improvisation or “freestyle” is central to street dances, students will be encouraged and taught to apply their knowledge in an improvisation setting.

Show: Evolution of Bboying (60min)

Students and teachers will learn about the evolution of street dances from the day of their inception to today. They will be exposed to a variety of dance styles from different eras that will be put into context by our MC.

About Bboyizm

Bboyizm is Dance Company mandated to promote and preserve the foundation, authenticity and true essence of all street dances.

The artistic philosophy of the company is based on the idea that a dancer’s self expression is paramount, the motto being

“Dance to express, not to impress”.

Although this concept is partial to the foundation of street dances, with the vocabulary of foundation, one can create honest poetry. Based on the idea that if one truly expresses oneself, their dance will inevitably be impressive. Bboyizm brings this philosophy to all their services: Performances, classes, workshops, street dance history lessons etc.

About the study guide

This study guide aims to communicate the curricular and details of Bboyizm Dance Company's classes and performances in educational settings.



Learning goal

Students will be able to execute the movements taught in the workshops and be able to express themselves using basic Bboying vocabulary.

Success criteria

- Students demonstrate enthusiasm towards street dances and hip hop culture
- Students are able to execute movements taught in the workshop
- Students show understanding of basic concepts surrounding bboying and street dances
- Students express themselves using vocabulary taught in the workshop.

Pre-Show Discussion and Activities

Minds On: Assessing Prior Knowledge:



Intermediate

Class

Bboying has a wide vocabulary of movement and we adapt the complexity of the movements shown to the ability of the students. The level of difficulty of the routines is increased according to the capabilities of the students. Instructors are qualified to teach from basic to advanced level.

**The same basic movements of the dance are taught to all age groups.*

Depending on their skills and ability, more complex exercises may be shown

Show

The show is designed to cater to an audience aged between 6 and 16.

Therefore, it does not change according to the age group to which it is presented.

Junior

Class

- We teach by demonstrating and explaining the movement to the children who can in turn try it themselves and practice with the help of the instructors. A short routine is put together with the sequence of movements they have been taught. Finally they are invited to participate in a “freestyle” session, which consists of improvised dancing in a circle. We view street dance as a means of self-expression and we empower children with the tools to express themselves and an occasion to put it in practice

Show

The show “Evolution of Bboying” teaches children about the history and evolution of street dance with the help of demonstrations from a cast of talented dancers and the explanations of our MC. Children are invited to participate in various ways in order to make the experience more stimulating and enticing for them. Participation involves: answering questions, coming to dance on stage, learning steps etc.

N.B. We do everything in our power to accommodate children with disabilities. We find variation of movements that they can do in order to have them participate in the same respect as any other child.

Preparing for the Story

What to watch/listen for during the performance:

Class

Depending on the time available with the children (number of days) the project can evolve in a sequential manner. The knowledge and experience they acquire during the workshop can be exploited more thoroughly if time permits, allowing us to show more complex movements and build more intricate routines as they gain skills and confidence.

* Children should wear sports attire

* *List of resources, books, videos, web sites containing relevant information on street dance culture can be provided upon request



Show

- The show is interactive; student participation will be required at different moments during the performance.

- Teacher participation is not required but strongly encouraged; they are welcome to come dance on stage with students!

Bboying was born in New York City in 70's and developed mostly through the 80's and 90's in the U.S. It is one of the elements of Hip Hop culture, which also encompasses DJ, MC and graffiti writing.

It is now practiced everywhere around the world, from Asia to Europe, from Africa to North America

Post-Performance Activities

We want the students to feel like they have found a new way to express themselves. We would like them to remember the excitement and challenge they felt throughout the class or show.

Hip Hop music is very easily accessible; therefore they can easily find music to practice what they have learned in the workshop.

If they wish to get involved further, Bboying classes are available in multiple locations in the Ottawa region.

We want the teachers & students to experience how fun, stimulating and positive, street dancing can be.

A second project can be started at a higher level depending on the evolution of the students over the period of time.

The material that is taught is chosen specifically to give students exercises that they can take home and practice.

Therefore, they can train the movements taught to them outside of the workshop!

Note that a question/answer period is included at the end of the show, as well as opportunities for the students to take pictures with the cast if they desire to do so.



Technical Requirements

Technical Supply

Class

- The space should be big enough for each child to move freely without the risk of hitting another child.
- Floors should be cleaned, as Bboying requires movements on the floor.
- Sound system with Ipod connection should be available upon arrival.

Show

- If a stage is available it should be installed prior to arrival **It will be assessed by the artists upon arrival and if it is not appropriate for performance it may have to be removed*
- Floors should be cleaned, as Bboying requires movements on the floor.
- Sound system with Ipod connection should be available upon arrival.

Space

Class

- Only part of the gym is required. It is highly preferable if a soundproof curtain, or room dividers can separate the section if another activity is taking place at the same time.
- A different type of room can be used as long as it is large enough for children to dance freely. It must also be soundproof as we will be playing music and do not wish to bother other classes.

Show

The entire gym will be needed

Access to the Room

Class

5-10 minutes prior to start of the class is required

Show

Dancers will need to have access to the room 30 minutes prior to performance to assess the space

Other

Bottled water, access to staff room and access to a location to lunch alone are required.

Schedule Change

We ask for 24hour notice for a change of schedule.